



education
MPUMALANGA PROVINCE
REPUBLIC OF SOUTH AFRICA

**NATIONAL
SENIOR CERTIFICATE**

GRADE 12

LIFE ORIENTATION

**TASK 2: PROJECT
2020**

MARKS:80

PAGES:9

TOPIC: A HEALTHY ENVIRONMENT IS NECESSARY FOR PERSONAL HYGIENE AND TO WARD OFF THE DEVASTATING EFFECTS OF VIRUSES THAT THREATEN THE HEALTH OF LIVING ORGANISMS.

PURPOSE & TASK:

Plan and execute a project which will raise awareness of a community's responsibility, in order to provide an environment and services that promote safe and healthy living.

Investigate the responsibilities of the various levels of the government in terms of laws, regulations, rules and community services.

Furthermore, determine the role of a personal mission statement in keeping a clean and habitable environment and to pursue various careers in community health.

Lastly, investigate the occurrence of the Corona Virus (COVID-19) as a personal and environmental health issue in South Africa, as a part of this awareness.

CONTENT AND INSTRUCTIONS

CONTENT

The following concepts are dealt with in the project:

- environmental health,
- personal health issues, including COVID-19,
- the roles of the different levels of the government in keeping and maintaining a clean environment,
- educational and intervention programs and their impacts on society,
- personal mission statements for dealing with viruses and
- COVID-19 as a personal and environmental health issue.

INSTRUCTIONS:

- The questions in this task must be submitted as a single project.
- It requires extensive research: investigate, collate information, interpret and make suggestions.
- Life Orientation (LO) textbooks and additional, relevant materials are to be used.
- All sources used in this activity must be acknowledged.
- Write in full sentences and paragraphs, NOT in point-format.
- Proofread your work before submission.
- There must be a logical flow of arguments.
- Write neatly and legibly.
- Use the numbering system used in this task.

A. TECHNICAL REQUIREMENTS:

NB: The words/ phrases in bold act as aids towards successfully completing the project.

1. A **cover page** must be provided and should contain the **title** of the project. E.g. "**Looking after the Environment & Personal Health is necessary if Diseases are to be controlled**". Write all **personal** details (Name, Surname, and Grade) on the cover page. (3)
2. A table of contents must be included. Write headings in **capital letters**, this is **not** applicable to sub-headings. Number the pages of the project on the right-hand side of the pages. (5)
3. Ensure that decorations or borders do not obscure the information in the project.
4. Discursive, persuasive, argumentative and illustrative writing is encouraged.
5. Do not copy statements verbatim, use your own words.
6. Use adequate spacing between paragraphs.

7. Use examples to motivate your statements.
8. Only relevant, credible sources may be used for this project.
9. **In-text** referencing (e.g. According to **Nsimbini (2020:14)** environmental and personal health is “.....”) **should** be used, but **must** be acknowledged in your bibliography.
11. You may **not** use less than **four** sources to complete the project.

[8]

B. QUESTION-SPECIFIC INSTRUCTIONS:

Adhere to the structure as stipulated below. Where a work sheet is provided, attach it to the necessary section. Bind all pages.

1. INTRODUCTION

Define each of the following concepts:

- environmental health,
- healthy living &
- personal mission statements regarding: health & the environment,

(3x2=6)

Answer the following in the second paragraph:

Argue why a study on environmental health is important for human existence. Furthermore, motivate why environmental & personal mission statements are essential for the safe-keeping of our living environment.

(4x2=8)

[14]

2. THE RESPONSIBILITY OF THE VARIOUS LEVELS OF THE GOVERNMENT.

- List the roles of the different levels of the government. (3x1=3)
- Name the environmental legislation/ regulations/ mechanisms (applicable to South Africa) that exercised by the different levels of government (3x1=3)
- Environmental laws of various countries or continents are subject to the provisions of the Sustainable Development Goals (SDGs). Name at least two environmentally aligned SDGs. (2x1=2)
- Personal values have a direct impact on how people treat personal and environmental health. Explain this statement. (1x2=2)
- Critically evaluate how the different levels of the government perform their environmental responsibilities. (3x2=6)

[16]**3. THE COMMUNITY'S RESPONSIBILITY IN PROVIDING SAFE, HEALTHY CONDITIONS IN THE CONTEXT OF COVID-19. CONSULT RELEVANT MEDIA BUT BE WEARY OF FAKE NEWS.**

- 3.1 Identify factors that may cause the spread of COVID-19. (2x2=4)
- 3.2 Determine why personal hygiene could assist in curbing the spread of COVID-19. (2x2=4)
- 3.3 Provide THREE measures that the government has put in place to curb the spread of COVID-19. (3x1=3)

[11]

4. USE THE WORK SHEET ON PAGE 9 TO DEVELOP AN AWARENESS CAMPAIGN, ON HOW PEOPLE SHOULD BEHAVE DURING THE COVID-19 PANDEMIC. ANSWER THE FOLLOWING QUESTIONS IN THIS WORK SHEET.

- How does COVID-19 spread? (2x2=4)
- How does it affect human beings? (2x2=4)
- Name at least FOUR of the symptoms. (4x1=4)
- What can be done to minimize its spread? (2x2=4)
- What can be done by those who have contracted it? (2x2=4)
- Explain the options of self-quarantine and hospitalization when suspected to have been exposed to COVID-19. (2x2=4)

[24]

5. CONCLUSION

Could good personal hygiene assist individuals and the community in stopping Covid-19? Motivate. (3)

C. BIBLIOGRAPHY

Sources must be acknowledged as follows:

- List sources alphabetically (according to author), followed by the relevant details of publication. Study the following examples in this regard:

Books or Academic Publications:

Mabhodo, M. 2020. Life Orientation Policy. *The Curriculum and Assessment Policy*. Department of Basic Education. Pretoria. South Africa.

Newspapers or Magazines:

Barry Ronge. (2020). *Personal Hygiene is critical in the Fight against the Corona Disease*. 2 June. p. 12

Internet:

International Narcotics Control Board 1999, United Nations, accessed 1 October 1999, <http://www.incb.org>

OR:

Pianin, E. 2001, 'As Coal's Fortunes climb, mountains tremble in W.Va; Energy Policy is transforming Lives.' *The Washington Post*, 25 February, P. A03, accessed March 2001 from Electric Library Australasia.

WORK SHEET (Question 4)

AWARENESS CAMPAIGN

Surname _____ Name _____ Gr 12 _____

1. How does COVID-19 spread?	(2x2=4)
2. How does it affect the human body?	(2x2=4)
3. Name at least four of the symptoms.	(2x2=4)
4. What can be done to minimize its spread?	(2x2=4)

5. What can be done by those who have contracted the disease? (2x2=4)

6. Explain the options of self-quarantine and hospitalization when suspected to have been exposed to COVID-19. (2x2=4)