

LTC



LEARNING TEACHING COUNSELLING

Liesl Bekker

Educational Psychologist

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Services Available:

- Aptitude Assessments
- Other Psychometric Assessments
- Scholastic counselling and support
- Therapeutic intervention
- Parental counselling and support
- Workshops to parents, teachers, social workers, counsellors and psychologists

Psychological Services

Assessments offered:

Various psychometric instruments are used to assess the following:

- Intellectual functioning
- Aptitude
- Personality
- Interest
- Reading, writing and numeracy skills
- Study habits and study behaviour
- Family and peer relationships
- Emotional functioning and adjustment
- Scholastic functioning and adjustment
- Social functioning and adjustment

Assessments are done to guide the learner in specific decisions regarding his future or with planning scholastic support.

Subject Choice – grade 9

Career Choice– grade 10 – 12

Assessments are done on an individual or on a group basis. The service is also nationally available to schools on request. Grade 9's and grade 11's are tested in group settings at schools. In grade 9 aptitude assessments support learners in their subject choices and in grade 11 personality and interest assessments give some direction with regards to study and career choices.

Psychological Services

Guidance and support offered:

Parents, teachers and schools are advised in:

- Emotional and social well-being of the pre-school learner;
- School readiness of the grade R- learner;
- Emotional, scholastic or social well-being of the intermediate or high school learner;
- Study habits, study behaviour or study methods of the school learner;
- Subject choice and career choice;
- Personality evaluation and description of the adult;
- Emotional intelligence and adjustment.

Therapeutic services offered:

Therapy is used to help people realise what thinking patterns and behaviour cause them discomfort in their lives. Various therapeutic techniques are used together with Impact Therapy. Impact therapy is a fast paced, multi-sensory, theory-driven and creative approach to counselling. The therapist helps the client to become aware of self-defeating thoughts and behaviours. The multi-sensory approach visually demonstrates how to be conscious about thoughts and actions and how thoughts and actions impact habits and behaviour. This form of therapy immediately focuses clients on how their choice of behaviour is affecting their world and offers them the opportunity to make changes to their way of thinking immediately.

Psychological Services

Workshops offered:

The following workshops are presented to learners, parents, teachers and counsellors:

- HIV/AIDS Prevention and Life Skills
- Bereavement and Loss
- Challenging Behaviour
- Classroom Management
- Creative Counselling Techniques
- Conflict Management
- Discipline in the classroom
- Effective Discipline at home
- Grade 12 motivation and goal setting
- Subject and career choice
- Integrated Learning
- Impact Therapy
- Parental Guidance
- Positive Behaviour
- Substance Abuse
- The SP learner (grade 9 Turn-around project)
- Teacher Morale

The following CPD accredited courses are offered to social workers, counsellors and psychologists:

- Impact Therapy
- Creative Counselling Techniques
- Trauma Counselling

Psychological Services

Liesl Bekker is a professional psychologist accredited with the National Health Professions Council of South Africa (HPCSA). She has been trained in various therapeutic and assessment techniques in South Africa, the USA and in Germany. She has a special interest in career counselling with 20 years' experience in psychometric assessments offered to schools and other tertiary institutions nationally, as well as to companies and in her private practice. She facilitates workshops for psychologists, social workers, school counsellors and teachers in creative counselling techniques. Trained as an educator she understands the complex realities of child and adolescent mental health and provides evidence-based direction to teachers and other professionals who work with learners and students in an academic environment. Liesl runs a private practice in George, Western Cape where she sees children, adolescents, adults, families and couples. She also works for Human Progress Management, a South African based franchise-structured, international educational company that has taught learning receptiveness skills in more than 300 schools all over South Africa since 1989.





Learning Teaching Counselling
Counselling and Psychological Services

Liesl Bekker
Educational Psychologist
In conjunction with
Human Progress Management

SUBJECT CHOICE

PSYCHOMETRIC ASSESSMENT

May 2018

Dear Parents and Learners,

Career choice starts at an early age in grade 9 when learners have to make subject choices for grade 10. Unfortunately many learners are still not sure about their career choice at this stage and therefore it is important to support them in a structured way in their subject choice.

The first step towards supporting them would be to assess their **aptitude** through a psychometric assessment to ensure that they make an informed choice. To fully support learners in this decision making process, LTC in conjunction with HPM, offers a psychometric assessment free of charge to all grade 9 learners.

Only professionally registered and accredited psychometric tests are used and the interpretation and recommendations are done by an educational psychologist. Learners are assessed during school hours.

Kindly take note of the following arrangements:

- ✓ **Only complete the slip if you DO want your child to be assessed.** Should you not send the slip back it will be presumed that you **DO NOT** give permission for your child's assessment.
- ✓ Assessment will take place on 14 June 2018 at **Highschool Lydenburg** during school hours. Assessment takes 6 hours.
- ✓ Assessed learners will get their reports during the grade 9 subject choice evening.

SLIP

Name of learner: _____ Class: _____

I hereby give permission that my child CAN be assessed.

I also agree to the fact that the school may have access to my child's results.

Signature of parent: _____ Date: _____